

Schedule 11.07, Sunday | 12:30-14:30

Place of meeting Plac Konstytucji
Gdynia
(in front of the main entrance to the Gdynia Główna railway station)
[kliknij, aby zobaczyć na mapie](#)

New European Bauhaus

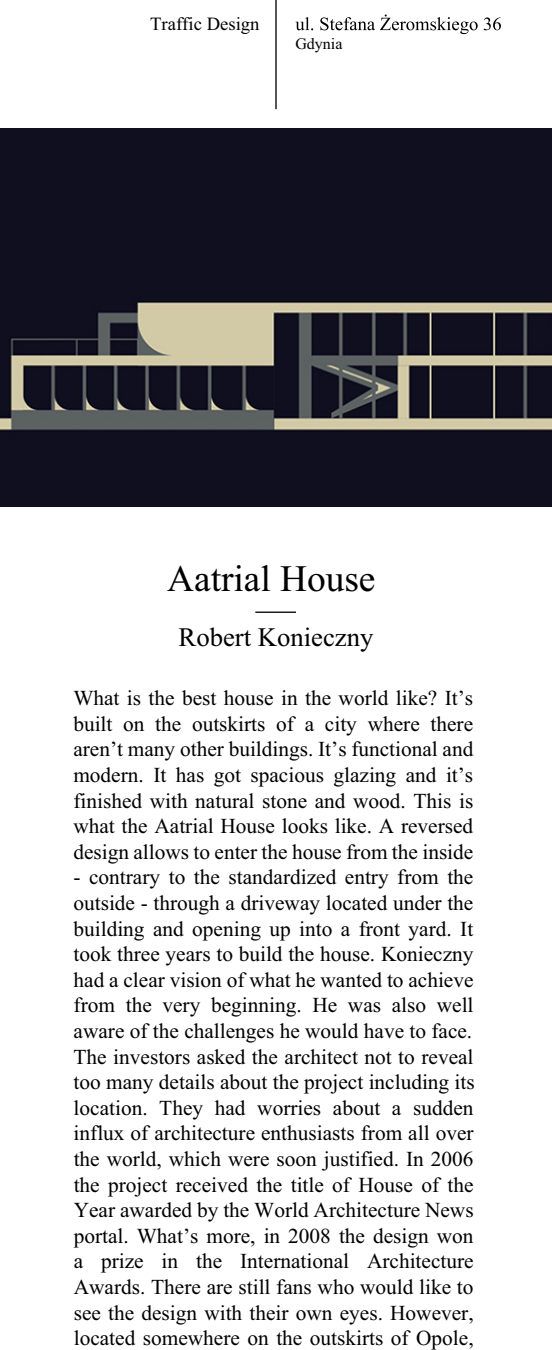
In addition to valuable micro-scale activities and projects, we need top-down, institutional initiatives that will directly affect the goals that we need to work together today as a society

It's time to get out of the houses! GDD walks are an opportunity to see the unique selection of projects for Gdynia Design Days with our guide. The new formula will allow even better understanding of the concepts accompanying the projects. The paths will be marked out by works selected according to six thematic blocks.

The new European Bauhaus is a planned, economic and cultural project created by Ursula Von Der Leyen with the purpose of designing, seeking development, accessibility, affordability and investment to implement Green Deal investments. During the 14th edition of Gdynia Design Days, we will look at this initiative and follow the path of projects that fit in with its assumption.

1

Traid Fair Halls ul. Wójta Radtkego 36
Gdynia



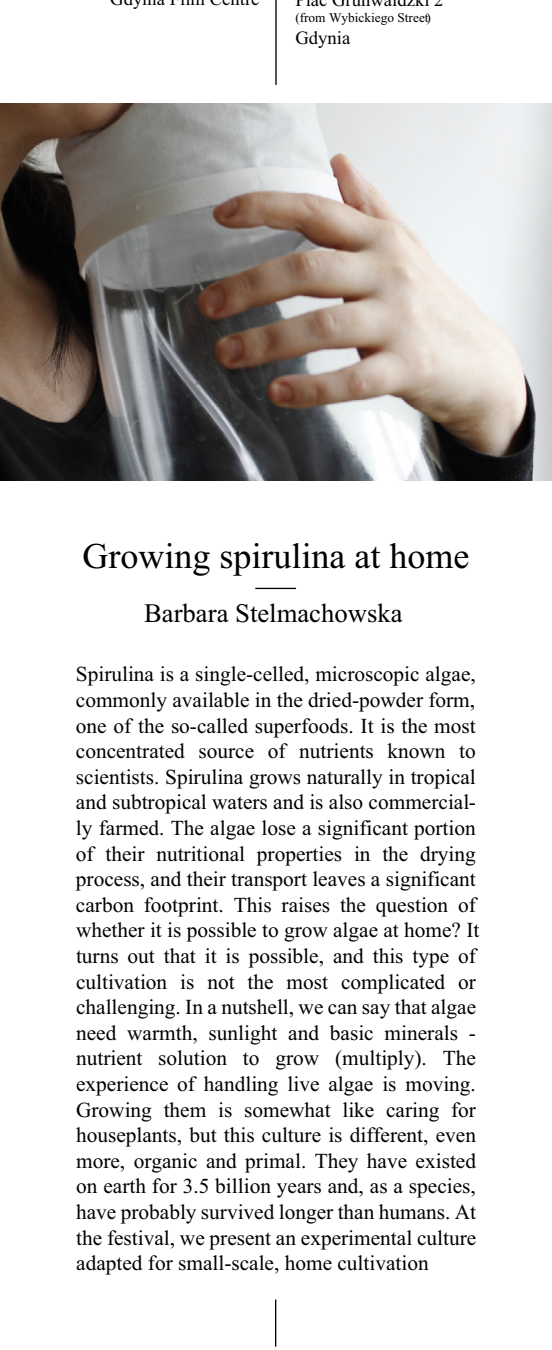
Social Shop Counter

Lukasz Surowiec

In his project Lukasz Surowiec artistically changes and revitalizes the cheapest available place for trading in Trade Fair Halls in Gdynia – metal shop counter. Because of reconstruction in Trade Fair Halls they are reconnected to disappear. That is why Surowiec plans to renovate them and give them a new modern shape. Because of Surowiec action the new shop counters will be let to the traders for free.

2

Punkt Gallery ul. św. Piotra 17
Gdynia



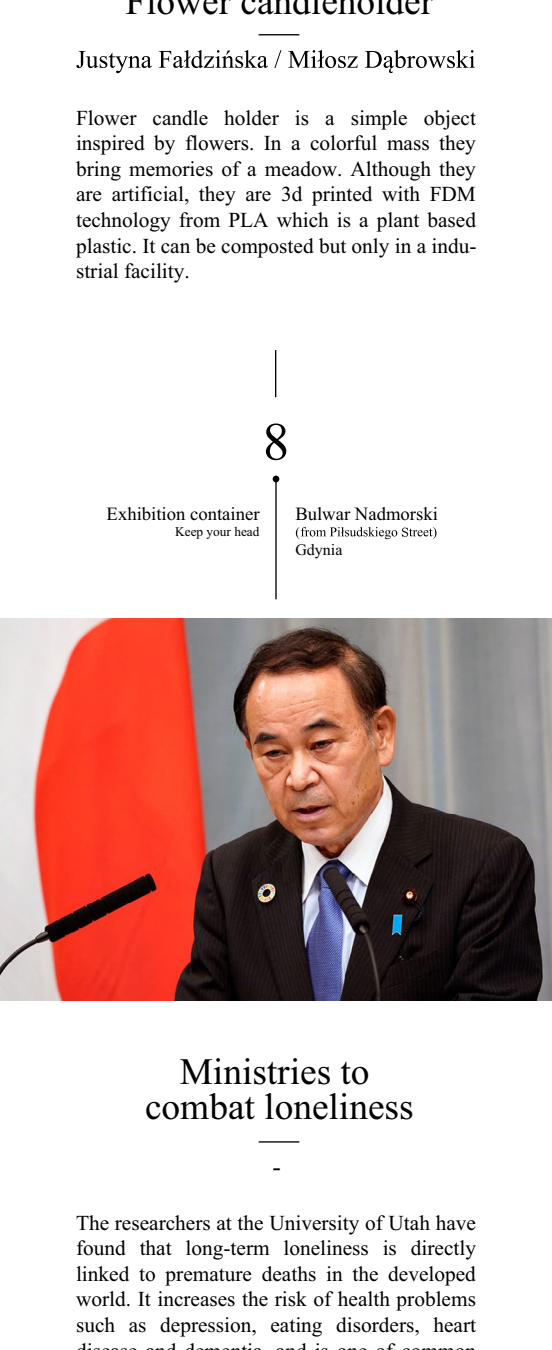
Soft layer

Agnieszka Bar

Growing up is when we decide to what extent we want to be part of and independent from the community. It's also a time of reflection on being polite. The transition between youth and adulthood is a period when we realise the meaning of responsibility both for ourselves and for our loved ones. Today, we are bolder to include nature under the "loved ones" label. The corrugated glass symbolises the relationship between the private and the social. It refers to the internal struggle between wanting to be part of society and determining your own identity.

3

Traffic Design ul. Stefana Żeromskiego 36
Gdynia



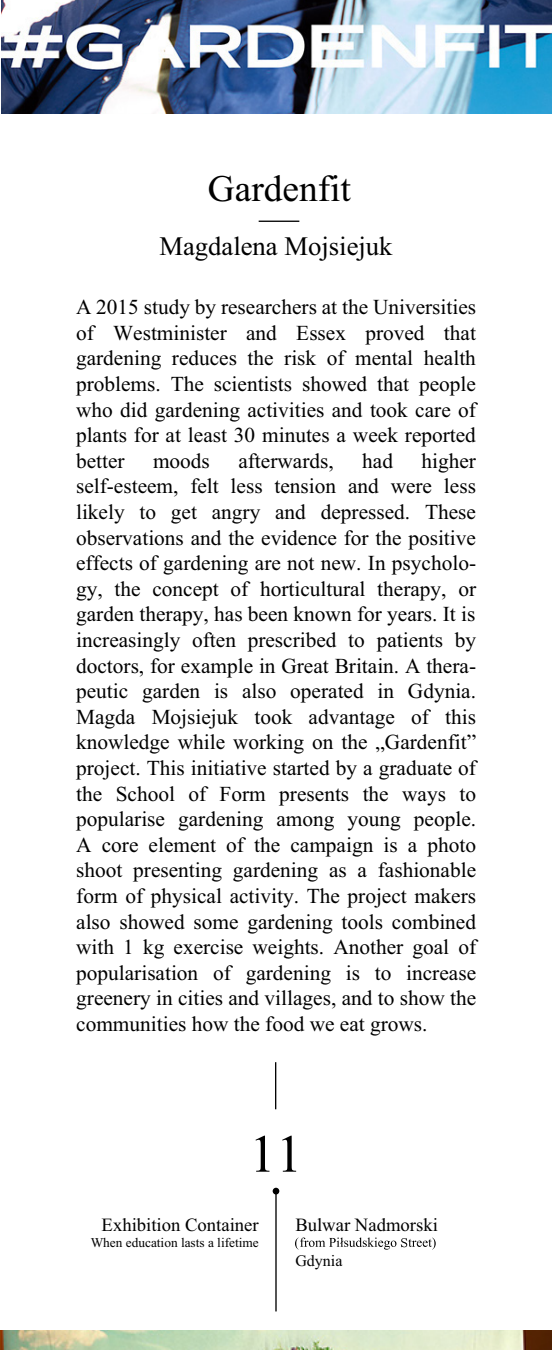
Aatrial House

Robert Konieczny

What is the best house in the world like? It's built on the outskirts of a city where there aren't many other buildings. It's functional and modern. It has got spacious glazing and it's finished with natural stone and wood. This is what the Aatrial House looks like. This reversed design allows to enter the house from the inside - contrary to the standardized entry from the outside - through a driveway located under the building and opening up into a front yard. It took three years to build the house. Konieczny had a clear vision of what he wanted to achieve from the very beginning. He was also well aware of the challenges he would have to face. The investors asked the architect not to reveal too many details about the project including its location. They had worries about a sudden influx of architecture enthusiasts from all over the world, which were soon justified. In 2006 the project received the title of House of the Year awarded by the World Architecture News portal. What's more, in 2008 the design won a prize in the International Architecture Awards. There are still fans who would like to see the design with their own eyes. However, located somewhere on the outskirts of Opole, the house is not easy to be found.

4

Traffic Design ul. Stefana Żeromskiego 36
Gdynia



The Embassy of The Republic of Poland in Tokio

Krzysztof Ingarden

Krzysztof Ingarden and Jacek Ewý faced a serious challenge of fitting a stately and significant building into a densely built-up area of overcrowded Tokyo. In order to follow all the rules and regulations imposed by the capital's strict urban planning? No wonder, it took full six years from winning the contest for designing the Polish Embassy in Tokyo in 1995 to its grand opening. With its indirect references to such traditionally Polish materials as bricks and stones, Ingarden successfully captured the Polish character of the building. This posed a great challenge because, as the architect explains himself, the Polish architecture does not have distinctive features. Architectural styles in Poland are very much representative of a local region, which can be clearly noticed in the distinguishing features of land development in the mountainous regions and Mazovia plains.

5

Gdynia Film Centre Plac Grunwaldzki 2
(from Wybickiego Street)
Gdynia

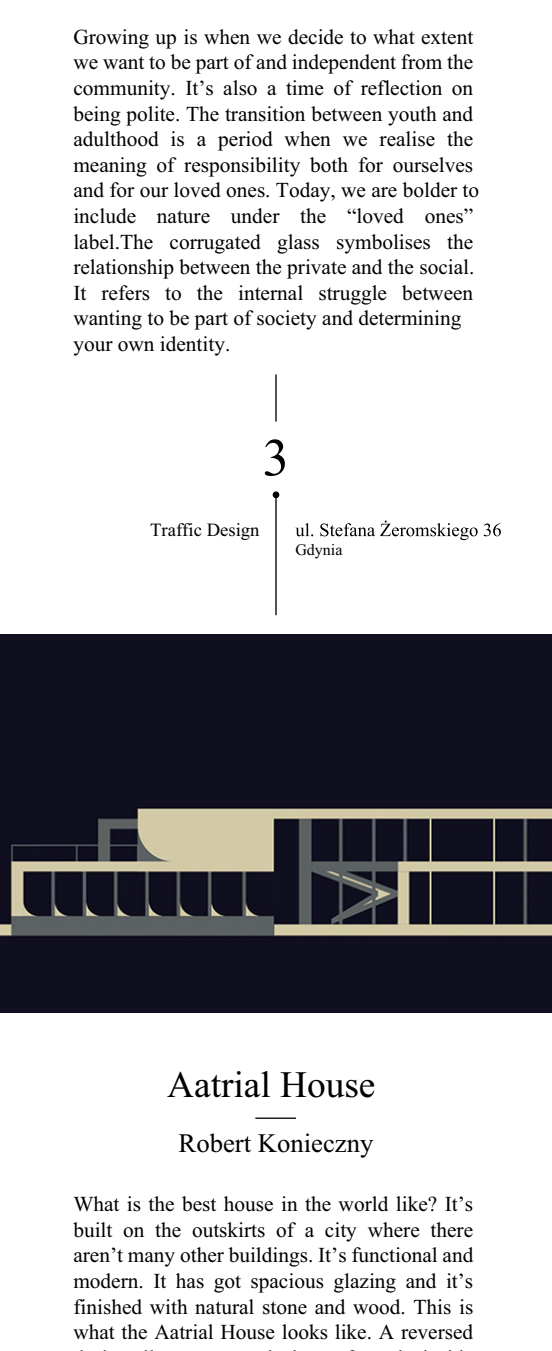
Growing spirulina at home

Barbara Stelmachowska

Spirulina is a single-celled, microscopic algae, commonly available in the dried-powder form, one of the so-called superfoods. It is the most concentrated source of nutrients known to scientists. Spirulina grows naturally in tropical and subtropical waters and is also commercially farmed. The algae lose a significant portion of their nutritional properties in the drying process, and their transport leaves a significant carbon footprint. This raises the question of whether it is possible to grow algae at home? It turns out that it is possible, and this type of cultivation is not the most complicated or challenging. In a nutshell, we can say that algae need warmth, sunlight and basic minerals - nutrient solution to grow (multiply). The experience of handling live algae is moving. Growing them is somewhat like caring for houseplants, but this culture is different, even more, organic and primal. They have existed on earth for 3.5 billion years and, as a species, have probably survived longer than humans. At the festival, we present an experimental culture adapted for small-scale, home cultivation

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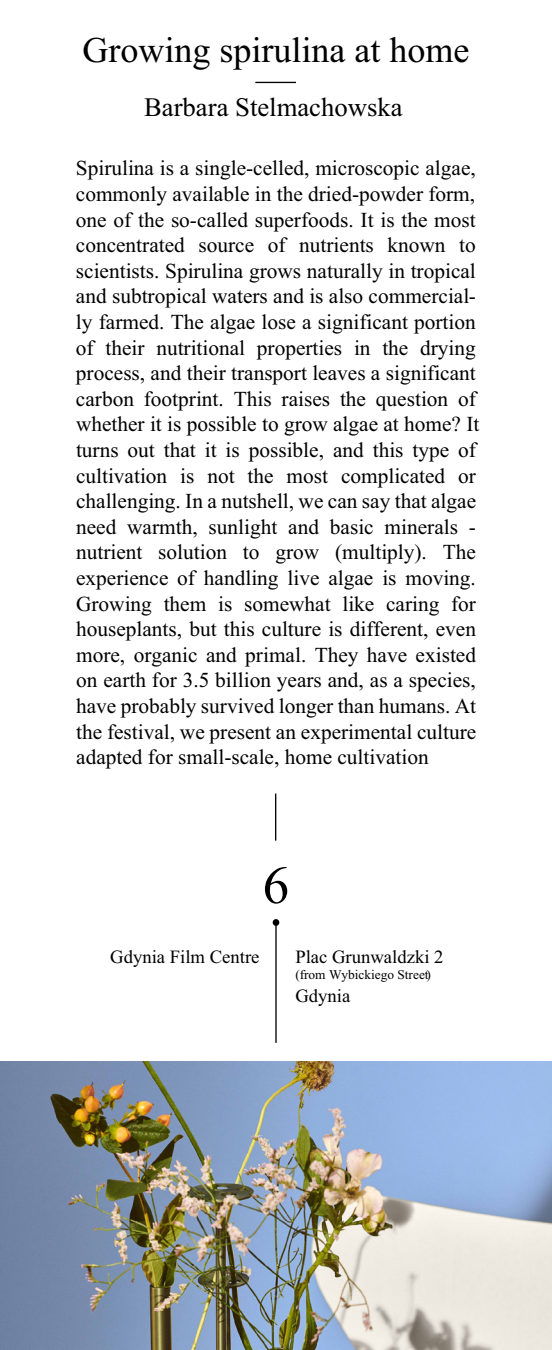
Ikeru, Ikebana

Jaime Hayon

Produced by Fritz Hansen, Spanish designer Jaime Hayon's designs are vessels inspired by the Japanese art of Ikebana that allows you to appreciate each branch, leaf or flower that creates a bouquet. Unlike the classic vase, where only the upper, most decorative part of the plant is exposed, in this case, everything is revealed. The process of arranging flowers is prolonged, and the vessel is designed to give the user the possibility of creating various compositions. The vessels, made from a combination of glass and metal elements, are cold and minimalistic in their character. They perfectly expose the flowers, while contrasting with their delicacy and ephemeral nature. According to the Japanese tradition, the art of flower arranging is not only about reaching the goal of beautiful composition, but above all, it is about entering the state of meditation on the natural cycle of life, its fragility and transience.

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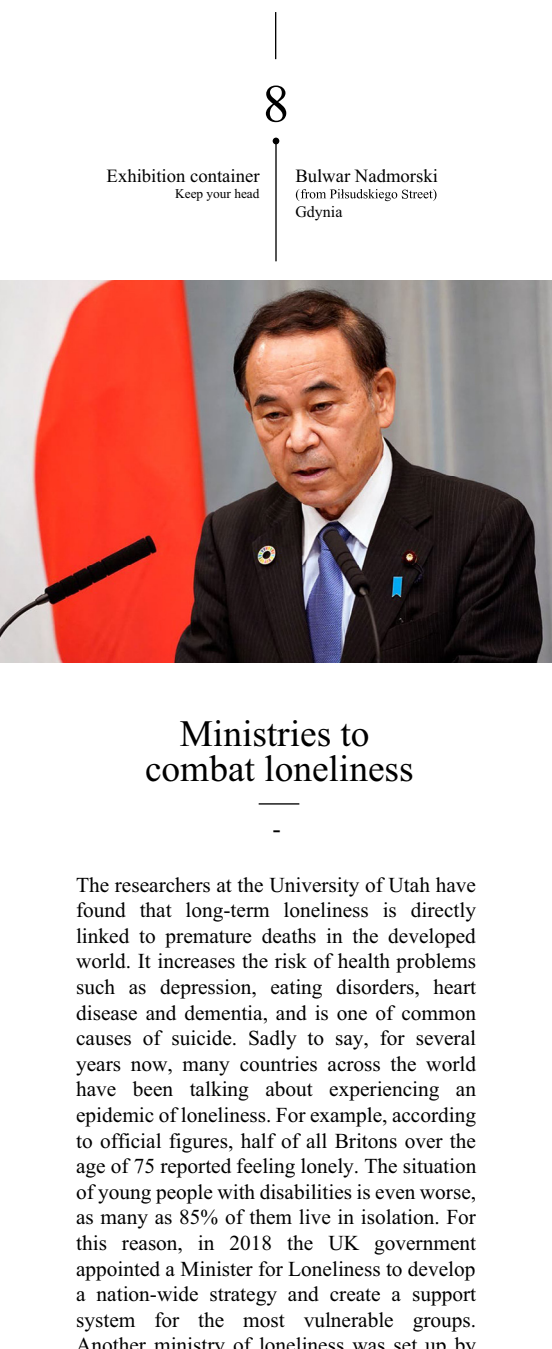
Flower candleholder

Justyna Faldzińska / Miłosz Dąbrowski

Flower candle holder is a simple object inspired by flowers. In a colorful mass they bring memories of a meadow. Although they are artificial, they are 3d printed with FDM technology from PLA which is a plant based plastic. It can be composted but only in a industrial facility.

8

Exhibition container Keep your head Bulwar Nadmorski
(from Piłsudskiego Street)
Gdynia

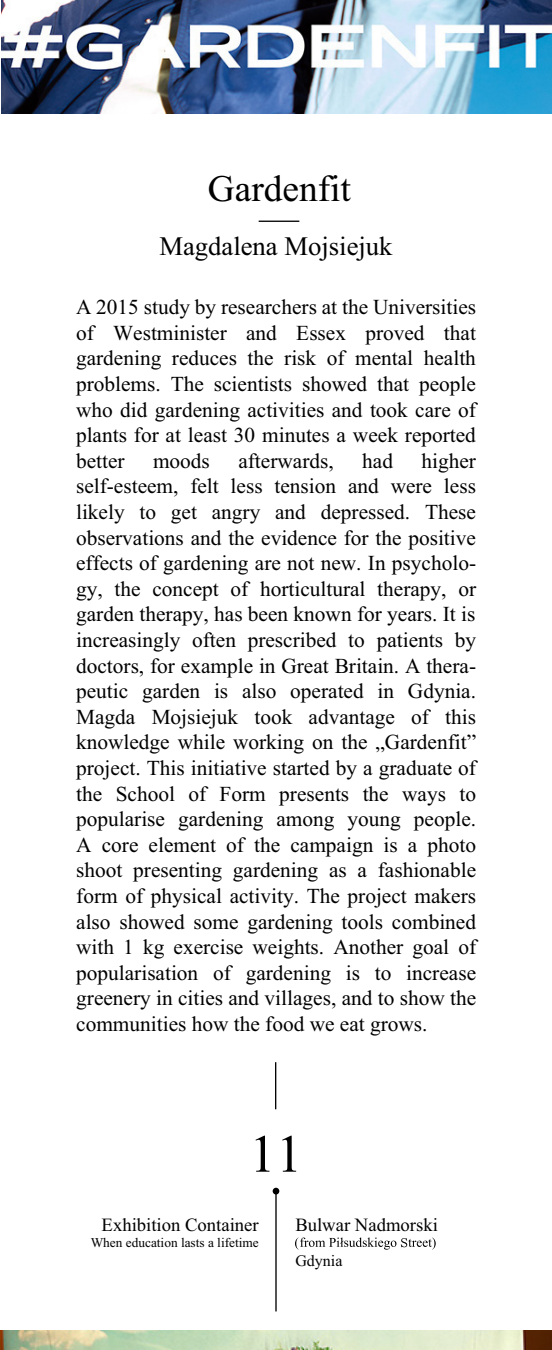


Ministries to combat loneliness

The researchers at the University of Utah have found that long-term loneliness is directly linked to premature deaths in the developed world. It increases the risk of health problems such as depression, eating disorders, heart disease and dementia, and is one of the common causes of suicide. Sadly to say, for several years now, many countries across the world have been talking about experiencing an epidemic of loneliness. For example, according to official figures, half of all Britons over the age of 75 reported feeling lonely. The situation of young people with disabilities is even worse, as many as 85% of them live in isolation. For this reason, in 2018 the UK government appointed a Minister for Loneliness to develop a nation-wide strategy and create a support system for the most vulnerable groups. Another ministry of loneliness was set up by the government of Japan, where in 2020, as a result of the social isolation caused by the COVID-19 pandemic, a rise in suicides was seen for the first time in 11 years.

9

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Forest bathing

Adam Markuszewski i Marta Ostrowska

As early as 1982, the Japanese authorities recognised forest bathing as a form of therapy. Forest bathing involves mindful and slow walking in nature during which, according to scientists, the most important thing is inhaling air filled with essential oils called phytoncides. Trees produce phytoncides to protect against pests, but they also have positive effects on mood, immune system function, sleep quality and creativity, as well as reducing blood pressure, heart rate and stress levels. Similar programmes have been implemented and operated in many other countries around the world. In Poland forest therapy practice is run by the Warsaw group called „Forest Development Walks” with Adam Markuszewski and Marta Ostrowska in charge. What do participants do? The idea is to spend several dozen minutes walking in the forest and experience the pleasures of nature through all of senses. The forest therapy guides always have a set of tasks prepared which help tuning into the „here and now”. These include breathing exercises, listening to different sounds of the forest, walking barefoot, learning the textures of different plants and looking at the forest as an entirety.

10

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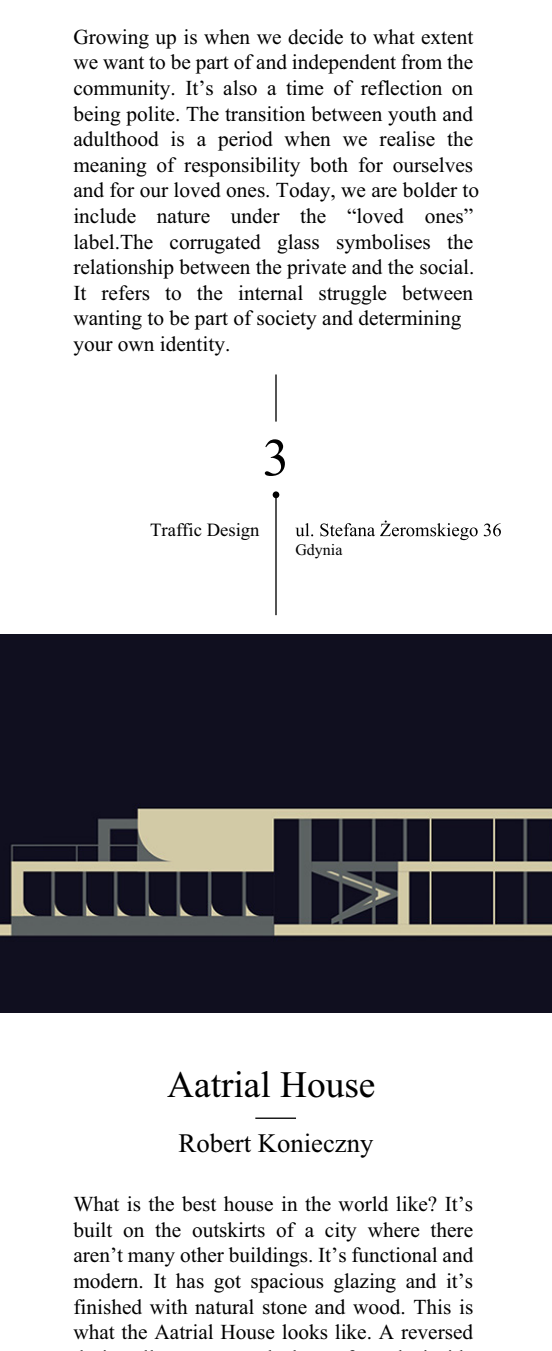
Gardenfit

Magdalena Mojsiejuk

A 2015 study by researchers at the Universities of Westminster and Essex proved that gardening reduces the risk of mental health problems. The scientists showed that people who did gardening activities and took care of plants for at least 30 minutes a week reported better moods afterwards, had higher self-esteem, felt less tension and were less likely to get angry and depressed. These observations and the evidence for the positive effects of gardening are not new. In psychology, the concept of horticultural therapy, or garden therapy, has been known for years. It is increasingly often prescribed to patients by doctors, for example in Great Britain. A therapeutic garden is also operated in Gdynia. Magda Mojsiejuk took advantage of this knowledge while working on the „Gardenfit” project. This initiative started by a graduate of the School of Form presents the ways to popularise gardening among young people. A core element of the campaign is a photo shoot presenting gardening as a fashionable form of physical activity. The project makers also showed some gardening tools combined with 1 kg exercise weights. Another goal of popularisation of gardening is to increase greenery in cities and villages, and to show the communities how the food we eat grows.

11

Exhibition Container When education lasts a lifetime Bulwar Nadmorski
(from Piłsudskiego Street)
Gdynia



#TakDlaEdukacjiKlimatycznej

Global Compact Network Poland, WWF Polska, Młodzieżowy Strajk Klimatyczny, Polski Klub Ekologiczny Okręg Mazowiecki, IKEA Retail Polska, Onet.pl

Climate change is no longer just a 'potential' threat, but has a direct impact on the lives of humans and ecosystems. It is one of the most important challenges of our time. According to the UN, education about climate change is one of the key elements of the global response to climate change. The aim of the campaign "YES! "for climate education" is to draw attention to the role and the need to conduct reliable climate education in schools-based on scientific data and implemented within the applicable disciplines. A petition is available on the site EdukacjaKlimatyczna.com, thanks to which thousands of people in Poland will be able to express their support for this initiative.

Thank you for your participation!
Find more interesting projects in our guide

www.gdyniadesigndays.eu