

**Schedule** 10.07, Saturday | 12:30-14:30

**Place of meeting** Plac Konstytucji  
Gdynia  
(in front of the main entrance to the Gdynia Główna railway station)  
[kliknij, aby zobaczyć na mapie](#)

# What if continuous growth becomes impossible

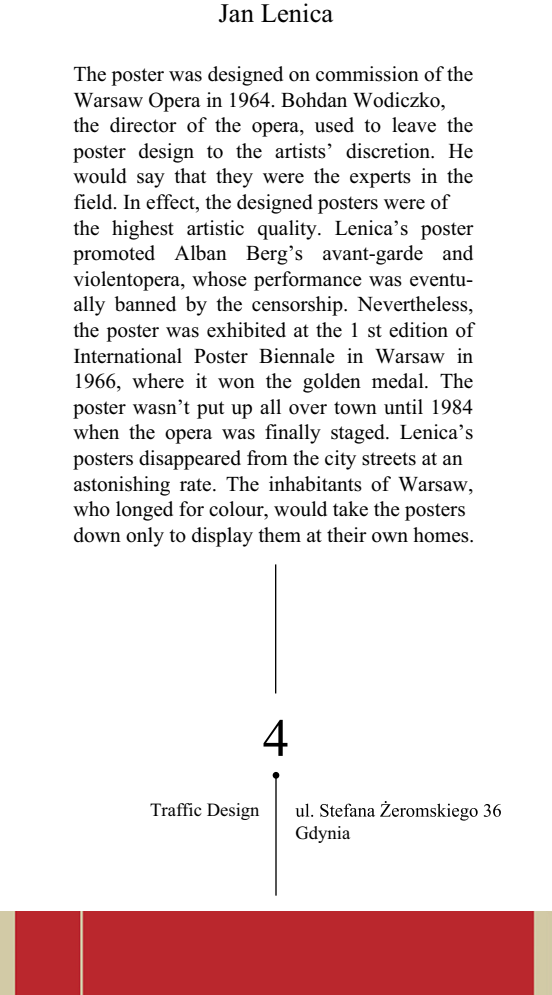
It's time to take a step toward sustainable development!

It's time to get out of the houses! GDD walks are an opportunity to see the unique selection of projects for Gdynia Design Days with our guide. The new formula will allow even better understanding of the concepts accompanying the projects. The paths will be marked out by works selected according to six thematic blocks.

*When continuous growth becomes impossible*, is ecology devoted to projects distinguished by biological and social awareness. What values should society focus on when the current models of measuring development fail and the planet reaches the end of its endurance?

1

Traid Fair Halls ul. Wójta Radtkego 36  
Gdynia



## Social Shop Counter

Łukasza Surowca

In his project Łukasza Surowiec artistically changes and revitalizes the cheapest available place for trading in Trade Fair Halls in Gdynia – metal shop counter. Because of reconstruction in Trade Fair Halls they are planned to disappear. That is why Surowiec plans to renovate them and give them a new modern shape. Because of Surowiec action the new shop counters will be let to the traders for free.

2

Punkt Gallery ul. św. Piotra 17  
Gdynia



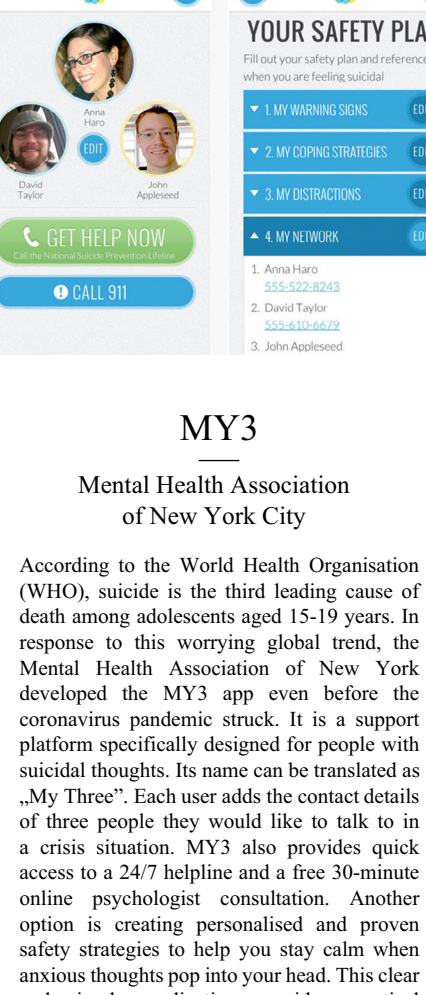
## Cracks

Agnieszka Bar

Over the years, we learn by gathering experience and discovering the cracks that the outside world causes in us. Frozen glass and hand-engraved scratches on the dome symbolise the uniqueness of our experiences and of the stories that make us. It is the artist's manual intervention that makes the glass unique and increases the value of the object.

3

Traffic Design ul. Stefana Żeromskiego 36  
Gdynia



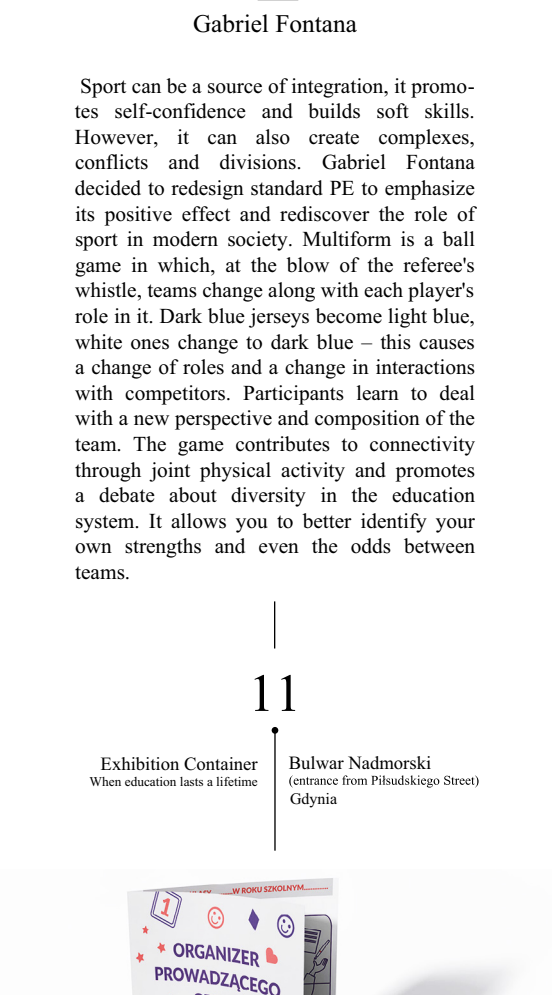
## Wozzeck - an opera poster

Jan Lenica

The poster was designed on commission of the Warsaw Opera in 1964. Bohdan Wodiczko, the director of the opera, used to leave the poster design to the artists' discretion. He would say that they were the experts in the field. In effect, the designed posters were of the highest artistic quality. Lenica's poster promoted Alban Berg's avant-garde and violent opera, whose performance was eventually banned by the censorship. Nevertheless, the poster was exhibited at the 1st edition of International Opera Biennale in Warsaw in 1966, where it won the golden medal. The poster wasn't put up all over town until 1984 when the opera was finally staged. Lenica's posters disappeared from the city streets at an astonishing rate. The inhabitants of Warsaw, who longed for colour, would take the posters down only to display them at their own homes.

4

Traffic Design ul. Stefana Żeromskiego 36  
Gdynia



## Ambasada Rzeczpospolitej Polski w Tokio

Krzysztof Ingarden

Krzysztof Ingarden and Jacek Ewy faced a serious challenge of fitting a stately and significant building into a densely built-up area of overcrowded Tokyo. How to follow all the rules and regulations imposed by the capital's strict urban planning? No wonder, it took full six years from winning the contest for designing the Polish Embassy in Tokyo in 1995 to its grand opening. With its indirect references to such traditionally Polish materials as bricks and stones, Ingarden successfully captured the Polish character of the building. This posed a great challenge because, as the architect explains himself, the Polish architecture does not have distinctive features. Architectural styles in Poland are very much representative of a local region, which can be clearly noticed in the distinguishing features of land development in the mountainous regions and Mazovia plains.

5

Gdynia Film Centre Plac Grunwaldzki 2  
(from Wybickiego Street)  
Gdynia



## Growing spirulina at home

Barbara Stelmachowska

Spirulina is a single-celled, microscopic algae, commonly available in the dried-powder form, one of the so-called superfoods. It is the most concentrated source of nutrients known to scientists. Spirulina grows naturally in tropical and subtropical waters and is also commercially farmed. The algae lose a significant portion of their nutritional properties in the drying process, and their transport leaves a significant carbon footprint. This raises the question of whether it is possible to grow algae at home? It turns out that it is possible, and this type of cultivation is not the most complicated or challenging. In a nutshell, we can say that algae need warmth, sunlight and basic minerals - nutrient solution to grow (multiply). The experience of handling live algae is moving. Growing them is somewhat like caring for houseplants, but this culture is different, even more, organic and primal. They have existed on earth for 3.5 billion years and, as a species, have probably survived longer than humans. At the festival, we present an experimental culture adapted for small-scale, home cultivation

6

Gdynia Film Centre Plac Grunwaldzki 2  
(from Wybickiego Street)  
Gdynia



## realLimited

Katharina Mischer, Thomas Traxler

Since 2008, a design duo from Austria has been working on a multi-layered project that aims to change the way people think about nature around them. realLimited takes up the problem of endangered species of Austrian flora and fauna. For several years, the artists have been working according to a set formula. In cooperation with experts, they define the number in which a chosen species exists in the country and then create an equal number of functional products corresponding to it. Each piece is numbered, and 10% of the profits from sales are donated to wildlife conservation.

limitedFern is a vase inspired by the endangered fern species *Notholaena marantae*, of which there is only 200 present in Austria. *Notholaena marantae* is a highly specialized organism that grows on serpentine rocks, containing large amounts of heavy metals that are toxic for most plants.

Katharina Mischer and Thomas Traxler have drawn attention to this species by designing a porcelain two-piece vase, which refers to the fern's natural habitat. The symbolic bronze leaves of the plant are placed between the porcelain „stones”.

The limitedGrasses metal table, on the other hand, represents the *Agropyron cristatum* species. The at first sight, ordinary tall grass also seems to be an endangered plant. Five tables have been produced, each of which is „inhabited”, by around 40 blades of grass, which corresponds to the number of species found in Austria.

7

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(from Armii Krajowej Street)  
Gdynia



## Flower candleholder

Justyna Faldzińska / Miłosz Dąbrowski

Flower candle holder is a simple object inspired by flowers. In a colorful mass they bring memories of a meadow. Although they are artificial, they are 3d printed with FDM technology from PLA which is a plant based plastic. It can be composted but only in a industrial facility.

8

Exhibition Container Keep your head Bulwar Nadmorski  
(entrance from Piłsudskiego Street)  
Gdynia



## MY3

Mental Health Association of New York City

According to the World Health Organisation (WHO), suicide is the third leading cause of death among adolescents aged 15-19 years. In response to this worrying global trend, the Mental Health Association of New York developed the MY3 app even before the coronavirus pandemic struck. It is a support platform specifically designed for people with suicidal thoughts. Its name can be translated as „My Three”. Each user adds the contact details of three people they would like to talk to in a crisis situation. MY3 also provides quick access to a 24/7 helpline and a free 30-minute online psychologist consultation. Another option is creating personalised and proven safety strategies to help you stay calm when anxious thoughts pop into your head. This clear and simple application provides practical advice targeted to specific vulnerable groups, for example LGBTQ youth and military veterans.

9

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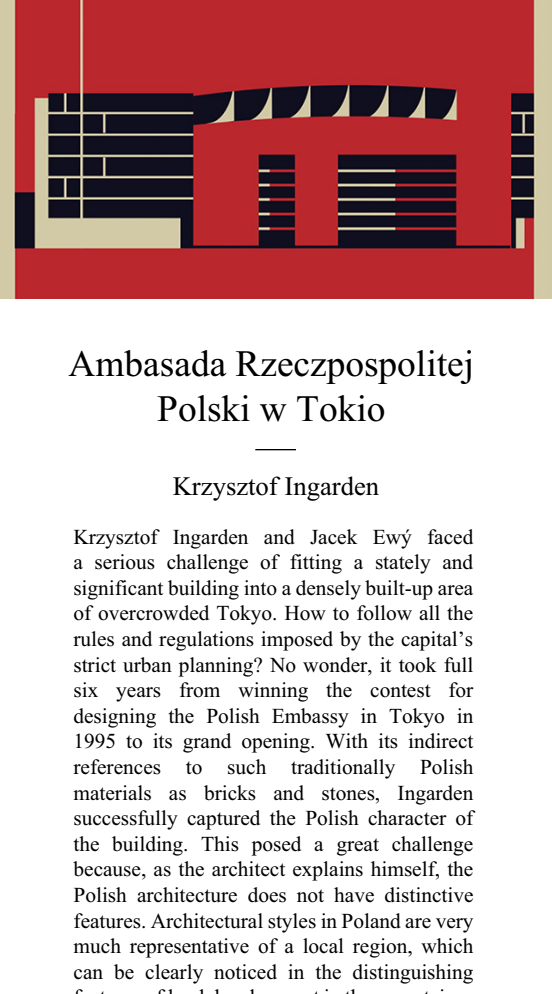
## Mouse for busy people

BKID

Samsung Balance Mouse is a computer mouse concept that the Korean tech giant has created in collaboration with INNORED agency and BKID studio. At first glance, it looks and works like a normal wireless device of its kind. However, when the user is working too late, it puts its „ears” up and runs away from the hand, just like a real mouse. It doesn't stop there. The gadget is supposed to be clever enough to shed its outer „fur” after being caught, revealing motion sensors that effectively prevent another catch. The project was created in South Korea where an average worker clocks up 1967 working hours per year, which makes the nation second most overloaded and fatigued population in the world (Poland also ranks high on the list, as we work an average of 1806 hours per year). The escaping mouse might come in handy for those who started working from home during the coronavirus pandemic, have trouble setting rigid time limits to working hours and spend lots of overtime hours working nights and weekends, which is definitely not good for their mental health.

10

Exhibition Container When education lasts a lifetime Bulwar Nadmorski  
(entrance from Piłsudskiego Street)  
Gdynia



## Multiform

Gabriel Fontana

Sport can be a source of integration, it promotes self-confidence and builds soft skills. However, it can also create complexes, conflicts and divisions. Gabriel Fontana decided to redesign standard PE to emphasize its positive effect and rediscover the role of sport in modern society. Multiform is a ball game in which, at the blow of the referee's whistle, teams change along with each player's role in it. Dark blue jerseys become light blue, white ones change to dark blue – this causes a change of roles and a change in interactions with competitors. Participants learn to deal with a new perspective and composition of the team. The game contributes to connectivity through joint physical activity and promotes a debate about diversity in the education system. It allows you to better identify your own strengths and even the odds between teams.

11

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## Good relationship in the Group

Bożena Andrzejewska

More and more often, modern education, in addition to classical scientific disciplines, involves making room for educating young people in good relations. The Dobra Relacja w Grupie (Good Relationship in the Group) project aims to strengthen communication and integration with other people. Bożena Andrzejewska's original methods consist of many segments and are constantly being developed. Thanks to the workshops, students gain a range of soft skills, making it easier for them to communicate with people. Training for teachers focuses, among other things, on topics such as being a better mentor, fighting stereotypes towards young people, or integrating with a group of children from immigrant families. Tools – a Process Game and Communication Totems - help to understand issues related to working in a group through play. All elements are united by the idea of connecting teams and awareness of group processes.

Thank you for your participation!  
Find more interesting projects in our guide

[www.gdyniadesigndays.eu](http://www.gdyniadesigndays.eu)